

# Wonder Market



## Learning Opportunities

Skills: social emotional/self-control, math/steam, health, thinking, communication, literacy, curiosity/initiative

### Activities

- Shop for breakfast.
- Take turns pretending first to shop and then be the shopkeeper.
- Find one food from each of the food groups: fruit, grain, vegetable, and protein.
- Sort and return the foods to the correct shelves.
- Select a rainbow of vegetables.

### Questions

- Can you find five different vegetables?
- Can you find a food you have never tasted?
- Why do we first put food in a grocery cart and then into a bag after we buy it?
- Why are some foods stored in the refrigerator and other foods stored on a shelf?
- Why some food loose and other foods are in cans?