Wonder Market

Learning Opportunities

Skills: social emotional/self-control, math/steam, health, thinking, communication, literacy, curiosity/initiative

Activities
• Shop for breakfast.
• Take turns pretending first to shop and then be the shopkeeper.
• Find one food from each of the food groups: fruit, grain, vegetable, and protein.
• Sort and return the foods to the correct shelves.
• Select a rainbow of vegetables.

Questions
• Can you find five different vegetables?
• Can you find a food you have never tasted?
• Why do we first put food in a grocery cart and then into a bag after we buy it?
• Why are some foods stored in the refrigerator and other foods stored on a shelf?
• Why some food loose and other foods are in cans?