KC Café
Learning Opportunities

Skills: social emotional/self-control, math/steam, health, thinking, communication, literacy, curiosity/initiative

Activities
• Order lunch and have your child make your food & bring it to you.
• Pretend to cook at the grill using a utensil to flip the food.
• Take turns pretending to order food, cook, and take orders.
• Count the number of people at a table and then get one drink for each person.
• Put all the items on the table back in the correct places, leaving a clean table for the next person.

Questions
• Can you make a healthy meal that has a vegetable, dairy, grain, and protein?
• How do you know when a food is ready to serve?
• Where does a restaurant get the food it serves?
• What was your favorite role to play in the KC Café? Why?
• What new food choice would you add to the menu? What ingredients do you need to make it?