

KC Café



Learning Opportunities

Skills: social emotional/self-control, math/steam, health, thinking, communication, literacy, curiosity/initiative

Activities

- Order lunch and have your child make your food & bring it to you.
- Pretend to cook at the grill using a utensil to flip the food.
- Take turns pretending to order food, cook, and take orders.
- Count the number of people at a table and then get one drink for each person.
- Put all the items on the table back in the correct places, leaving a clean table for the next person.

Questions

- Can you make a healthy meal that has a vegetable, dairy, grain, and protein?
- How do you know when a food is ready to serve?
- Where does a restaurant get the food it serves?
- What was your favorite role to play in the KC Café? Why?
- What new food choice would you add to the menu? What ingredients do you need to make it?